

AVA TRAIL/ROUTE RATING SYSTEM

Part 1 – INCLINE/ELEVATION		Part 2 - TERRAIN	
1	Very small hills or very little stair climbing. Probably suitable for strollers and wheelchairs. Cumulative elevation gain from Starting Point: up to 200 feet.	A	Almost entirely on pavement.
2	Some moderate hills and stair climbing. Probably suitable for strollers. May not be suitable for wheelchairs. Cumulative elevation gain from Starting Point: 200 - 1000 feet.	B	A significant part of the route is on well-groomed trails with very few obstacles.
3	Some significant hill or stair climbing. Not suitable for strollers or wheelchairs. Cumulative elevation gain from Starting Point: 1000 - 2000 feet.	C	A significant part of the route is on somewhat difficult terrain (rocky/rooted paths or soft sand.)
4	Lots of significant hills or stair climbing. Cumulative elevation gain from Starting Point: 2000 - 3500 feet.	D	A significant part of the route is on very difficult terrain.
5	Many steep hills. Cumulative elevation gain from Starting Point: more than - 3500 feet.	E	The majority of the route is on very difficult terrain.

Examples

When determining elevation gain, if a route goes up for 50 feet and down for 50 feet and back up for another 75 feet, the cumulative gain would be 125 feet.

A route that is mostly on flat pavement would be rated 1A.

A beach walk would be rated 1C.

A route with moderate hills on well groomed trails would be rated 2B.